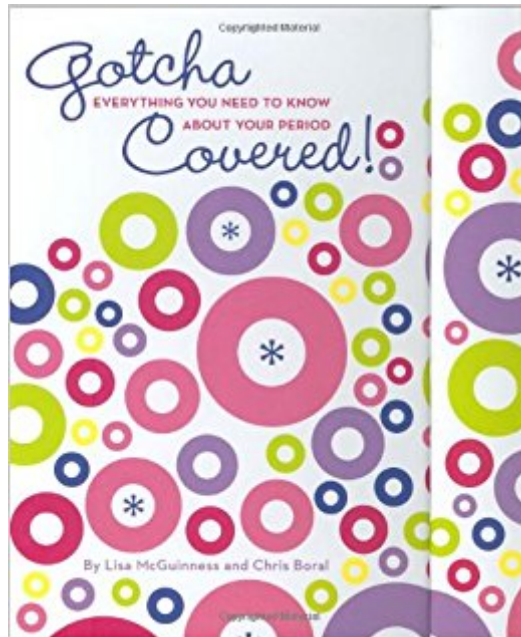




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Gotcha Covered!: Everything You Need To Know About Your Period



Synopsis

Gotcha Covered! is the big sister or friend-in-the-know that every 9- to 12-year-old girl needs. By answering questions, setting the record straight on what's what, offering helpful tips and tools, and teaching girls how to find what works for them personally, Gotcha Covered! will help young women navigate their way through this life-changing event. Includes book, calendar, stickers, and zippered supplies case.

Book Information

Hardcover: 34 pages

Publisher: Chronicle Books; Pck edition (August 6, 2008)

Language: English

ISBN-10: 0811864340

ISBN-13: 978-0811864343

Product Dimensions: 5.5 x 0.9 x 6.8 inches

Shipping Weight: 7 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 10 customer reviews

Best Sellers Rank: #846,739 in Books (See Top 100 in Books) #95 in Books > Children's Books > Growing Up & Facts of Life > Health > Maturing #3605 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Girls & Women

Age Range: 9 - 12 years

Grade Level: 4 - 7

Customer Reviews

Lisa McGuinness is the mother of a 13-year-old daughter as well as a freelance editor and writer who has been working in the children's book publishing field for many years. She lives in Northern California. Chris Boral is a marketing director for a highly acclaimed book publisher. She was inspired to create this kit when her daughter started middle school. She lives in Northern California.

My 14 year old loves it!! Thanks!!

Perfect! everything a little girl needs to know.

I bought this for my niece--she loved it so much that she asked me for another copy. It makes your period tracking fun. Chronicle books always creates inviting books for their readers.

I thought the book would be larger. I didn't check for measurements. The content would be more appealing if the size of the book was more dramatic. A little to "cutsie" for me. My 11 year old thought it was baby-ish.

my daughter just loved the book , packaging , charts and read it right away even asked me if she could get her first pad to put in the pouch that came with it just in case.

WOW! Thank you for this straightforward, informative, yet fun, book! This is the book every girl needs as she enters puberty. It can be such a confusing time, and Lisa and Chris have written a book that puts it all in perspective and lets girls know what they're going through is perfectly normal. I wish I would have had this book for myself many years ago, and that I'd had it to give to my daughter five years ago. Thank you for a very cool and much needed book!! highly recommend getting this book for your daughters, neices, granddaughters, and any girl you care about who is heading into puberty. The reassurance they'll feel will give them confidence to go into this new phase of life.

This book is an essential for not only girls reaching (or in) puberty but their parents as well! It is a refreshingly `real' look at starting your period and the things that can and do happen once you have it. It is written with humor, wisdom, and a casual style. The accessories included are exactly what every girl needs. I wish this book had been available when I was 12. I had to muddle through just about every scenario presented in the book!

This is a wonderful book for helping girls ease into the sometimes stressful world of menstruation. Its attitude of "You can handle whatever happens!" is supportive and reassuring...and it addresses all those practical questions a girl might think are too embarrassing to ask. Answers to specific concerns are easy to find and succinct, with a tone young teenage girls can relate to. My 13 year old daughter whipped through it in one sitting. I wish this book had been around when my older daughters started their periods!

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